

# The Association Between REM Sleep and Risk of Mortality

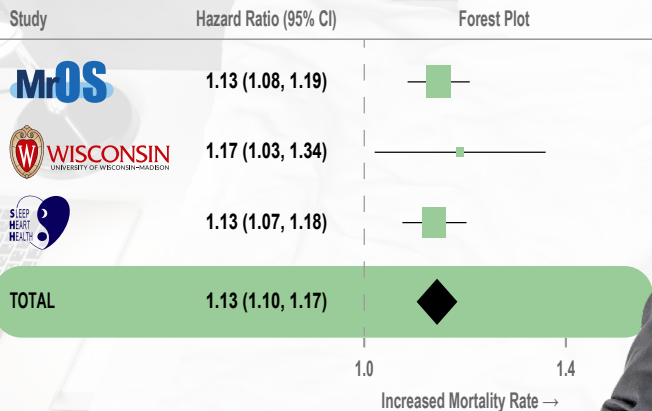
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## Reduced REM sleep predicts increased mortality risk in three cohorts.

### All-cause Mortality

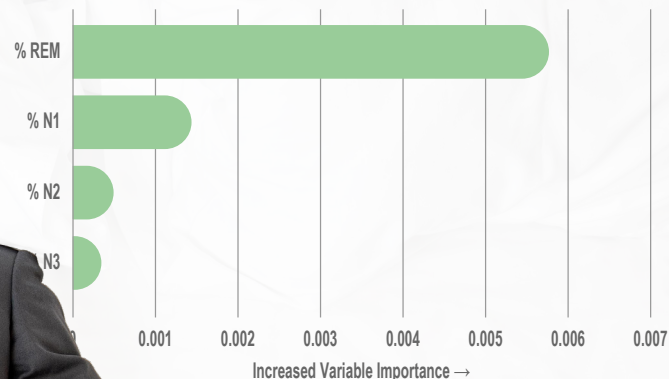
Total Sample Size ~10,000



To view or download the detailed poster  
visit [rem-mortality-poster.eileenleary.com](http://rem-mortality-poster.eileenleary.com)

### Mean Decrease in Model Accuracy

Based on random forest classifier evaluating all sleep stages as predictors of all-cause mortality.



To learn more, contact Dr. Eileen Leary  
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